

Records du club : En salle (Open)

En date du 31 mars 2026



Performance	Athlète (année de naissance)	Date	Endroit	Épreuve	Performance	Athlète (année de naissance)	Date	Endroit
7.74	Manon Osborne(1974)	2023-02-24	Toronto	50m				
7.12	Audrey Leduc (1999)	2017-01-07	Hanover, NH, USA	55 m				
7.20	Audrey Leduc (1999)	2025-02-08	New York, USA	60 m	7.14	Jaime Tapa (2006)	2024-01-20	Vaudreuil-Dorion
7.20	Audrey Leduc (1999)	2026-02-13	Clemson, USA					
7.20	Audrey Leduc (1999)	2026-03-21	Toruń, Pologne					
21.41	Audrey Leduc (1999)	2012-12-09	York, Toronto	150 m	19.27	Antoine Gosselin (2009)	2022-12-10	Montréal
23.25	Audrey Leduc (1999)	2026-02-14	Clemson, USA	200 m	23.28	Jaime Tapa (2006)	2024-02-18	Montréal
39.97	Audrey Leduc (1999)	2024-01-27	Montréal	300 m	37.82	Philippe Raymond-L. (1994)	2011-01-08	Hanover, NH, USA
1:00.17	Frédérique Bell (2003)	2019-03-17	C.-C.-R., Mtl	400 m	52.23	Yanik Mousseau (2000)	2018-02-11	C.-C.-R., Mtl
1:37.18	Clara Sénéchal (2005)	2026-02-21	McGill, Mtl	600 m	1:18.95	Yasser Riad (2003)	2026-02-21	McGill, Mtl
2:20.79	Frédérique Bell (2003)	2019-03-16	C.-C.-R., Mtl	800 m	1:52.58	Yasser Riad (2003)	2022-02-27	Boston
2:59.54	Clara Sénéchal (2005)	2026-01-23	McGill, Mtl	1000 m	2:23.52	Yasser Riad (2003)	15/02/2025	Boston
				1000 m	2:23.52	Yasser Riad (2003)	31/01/2026	Boston
3:58.84	Évelyne Pageot (2008)	2023-03-04	Québec	1200 m	3:39.88	Antoine Chainé (2001)	2018-03-05	Sherbrooke
4:46.29	Clara Sénéchal (2005)	2026-01-24	McGill, Mtl	1500 m	4:15.38	Jonathan Martin (2006)	2026-02-07	Yrok, Toronto
5:11.70	Caroline Gendron (1989)	2007-02-10	Boston, USA	1609 m (Mile)	4:47.23	Gabriel Desrochers (1998)	2016-01-10	Hanover, NH, USA
7:09.85	Évelyne Pageot (2008)	2023-03-04	Québec	2000 m	6:32.06	Jason Martin (2004)	2019-03-03	Québec
10:42.53	Caroline Gendron (1989)	2007-03-03	C.-C.-R., Mtl	3000 m	9:25.01	Sean Ibbott (1998)	2025-02-02	Montréal
9.67	Victoria Franklin(2010)	2018-12-15	Ottawa	60m Haies 27 po				
9.67 (juv.)	Anne-Marie Naveang-Plouffe (2004)	2020-03-01	Sherbrooke	60 m Haies 30 po	10.48	Antoine Gosselin (2009)	2022-04-10	Québec
9.26	Anne-Marie Naveang-Plouffe (2004)	2024-02-24	Québec	60 m Haies 33 po	9.65	Théo De Carufel (2010)	2025-12-06	York, Toronto
				60m Haies 36 po	9.52	Théo De Carufel (2010)	2026-03-01	Sherbrooke
				60 m Haies 39 po	9.28	Emeric Gagné (2005)	2024-02-24	Québec
				60m Haies 42 po	9.48	Emeric Gagné (2005)	2025-01-25	Montréal
4:33.25	Mégane Bujold (2003)	2016-03-05	Sherbrooke	800 m marche				
8:14.25	Danika Guénard (1998)	2017-01-21	Vaudreuil-Dorion	1500 m marche	7:23.49	Jean-Sébastien Turcotte (1998)	2015-12-05	York, Toronto
8:43.23	Chloé Scott (1999)	2016-01-10	Hanover, NH, USA	1609 m marche	7:53.65	Jean-Sébastien Turcotte (1998)	2016-01-10	Hanover, NH, USA
16:56.33	Danika Guénard (1998)	2017-02-18/19	C.-C.-R., Mtl	3000 m marche	15:30.71	Donald Côté (1982)	2015-02-22	C.-C.-R., Mtl
				5000 m marche	24:54.99	Bruno Carrière (1992)	2010-02-20/21	York, Toronto
6.11	Audrey Leduc (1999)	2023-03-11	Saskatoon	Longueur	6.05	Pierre-Luc Lacombe (1987)	2006-12-16	Dôme Ottawa
9.21	Kadiatou Marya Wann (2001)	2015-12-05	York, Toronto	Triple-saut	11.12	Louis-Félix Tremblay (2008)	2024-03-16	Montréal
1.55	Anne-Marie Naveang-Plouffe (2004)	2024-01-20	Ottawa	Hauteur	1.74	Emeric Gagné (2005)	2026-02-07	Québec
1.55	Anne-Marie Naveang-Plouffe (2004)	2024-02-23	Québec					
8.15	Victoria Franklin(2010)	2023-02-18	Ottawa	Poids 2 Kg				
5.89	Aisha-Lovely Charbonneau (2008)	2019-12-07	York, Toronto	Poids 2.73 Kg	8.15	Loik Rochon (2006)	2017-12-08/10	York, Toronto
12.57	Julie-Anne Blondin (1991)	2008-02-09	C.-C.-R., Mtl	Poids 3 Kg	9.19	Christophe Forget-chenévert (2013)	2025-12-06	York, Toronto
12.16	Julie-Anne Blondin (1991)	2009-03-06	Sherbrooke	Poids 4 Kg	11.95	Emeric Gagné (2005)	2020-03-01	Sherbrooke
				Poids 5 Kg	9.67m	Théo De Carufel (2010)	2026-03-29	York, Toronto
				Poids 6 Kg	13.29	Emeric Gagné (2005)	2024-02-24	Québec
				Poids 7,26kg	13.8	Emeric Gagné (2005)	2024-12-08	Québec
15.88	Amy Roy (2009)	2024-02-10	Toronto	Marteau 12 lbs	11.37	Jean-Samuel Adam (1999)	2014-03-01	Dôme Ottawa
16.3	Amy Roy (2009)	2025-02-02	Ottawa	Marteau 16 Lbs	9.64	Jean-Sébastien Turcotte (1998)	2014-03-01	Sherbrooke
				Marteau 20 Lbs				
				Marteau 25 Lbs	12.29	Emeric Gagné (2005)	2023-03-04	Québec
				Marteau 35 Lbs	6.44	Emeric Gagné (2005)	2025-02-25	Sherbrooke
				Perche	3.58	Emeric Gagné (2005)	2026-02-08	Québec
2841 pts (juv.)	Anne-Marie Naveang-Plouffe (2004)	2020-03-01	Sherbrooke	Heptathlon	4396pts	Emeric Gagné (2005)	2026-02-08	Québec
3029pts	Anne-Marie Naveang-Plouffe (2004)	2024-02-24	Québec	Pentathlon	2697 pts	Théo De Carufel (2010)	2026-03-29	York, Toronto
1:51.43	1 - Athéa-Faye Tapa (2010) 2 - Norah Batangdon (2009) 3 - Julianne Lépine (2010) 4 - Maëly Labrecque (2010)	2026-01-17	Vaudreuil-Dorion	4x200 m	1:37.25	1 - Damien Lamoureux (1993) 2 - Anys Toupin-Khellef (1996) 3 - Vincent Gervais (1998) 4 - Yanik Mousseau (2000)	2018-02-17	McGill, Mtl
4:44.63	1- Emma-Rose Roberge(2010) 2- Évelyne Pageot (2008) 3- Victoria Franklin (2010) 4- Noémie Bouchard (2009)	2024-03-03	Québec	4x400 m	3:46.96	1 - Michael Daudelin (1989) 2 - Steve Yank (1991) 3 - Augustin Thériault (1993) 4 - Philippe Raymond-Lalonde (1994)	2011-03-05	C.-C.-R., Mtl
5:19.32	1 - Myriam Fortier (2003) 2 - Marie Lachance (2003) 3 - Mathilde Goutel-Pelletier (2002) 4 - Frédérique Bell (2003)	2015-12-05	York, Toronto	Medley (2-2-4-8)	3:56.57	1 - Vincent Gervais (1998) 2 - Jean-Sébastien Turcotte (1998) 3 - Michael Forget (1997) 4 - Gabriel Desrochers (1998)	2015-12-05	York, Toronto